

# BULGARIAN ASSOCIATION OF TAEKWON-DO



"Youth Tolerance Squads", Project № 2020-3-BG01-KA105-094789

# INFO PACK "YOUTH TOLERANCE SQUADS"

FUNDED BY THE ERASMUS + PROGRAM WITH A PERIOD OF IMPLEMENTATION 01.01.2021-30.10.2021.

18, Balsha Str Sofia - 1408, Bulgaria Tel: +359888640822 www.taekwondo.bg













# **Participating Organization**



\*BULGARIAN ASSOCIATION OF TAEKWON-DO



\*ATHLITIKOS SYLOGOS
TETRATHLON ARISTOTELIS



\*GRADJANSKA ASOCIJACIJA ZA REKREATIVNO DVIZENJE



**\*TAEKWON-DO KLUB AHAC** 

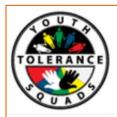




# Main goals of the project



- Prevention of aggression and violence among young people
- Increase their sense of tolerance and personal development



# Main tools for achieving the goal



- Creating a
   sustainable model
   for promoting
   physical activity and
   intercultural
   dialogue
- Building authority and equality through physical activity





## Topics to be presented



- EU citizenship, EU awareness and Democracy
- Social dialogue
- Inclusion- equity
- Traditions and culture (for each participating country)
- EU and youth policies
- Building European values and their importance for the formation of the human value system
- Ways of implementing intercultural dialogue among young people





## Recreational and outdoor activities



- Role-playing games
- Evening events (concerts, dances, songs, presentations)
- Sports activities
- **&** Games





### **Project Results**



- Achieving the political priorities of the Erasmus +
- Healthy behavior
- Promoting outdoor practice
- Supporting the social inclusion
- Active participation of young people in society

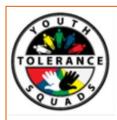




#### Place and period of the youth exchange



- Town of Kiten,Bulgaria
- Arrival:19.08.2021
- Implementation:20-29.08.2021
- Departure:30.08.2021



## Place of the youth exchange



- The town of Kiten
- Located in the southeastern part of the Republic of Bulgaria, on the Black Sea coast
- 55 km southeast of the regional center of Burgas
- 5 km south of the municipal center of Primorsko
- \* 12 km northwest of the center of the neighboring municipality of Tsarevo





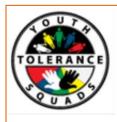
## Place of the youth exchange



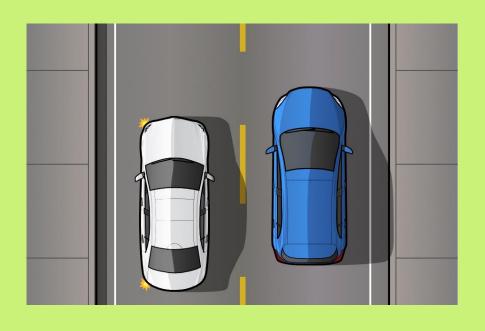


Kiten is located on a small peninsula between the two small Black Sea bays Karaagach and Konnik (the latter is the southernmost part of the Devil's Bay). The rivers Karaagach, or also called Kitenska river, and Dyavolska river flow into them, respectively.





#### Drive rules



- \*Drive on the right, overtake from the left
- Wear a seatbelt at all times
- \*A vignette sticker is required outside the cities
- Headlights always on





# Required equipment



- A first-aid kit
- \*A reflective/safety vest
- Hazard triangle
- Fire extinguisher



## Speed limits

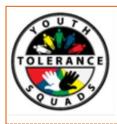


In cities/villages- 50km/h

Out of of the cities/villages- 90km/h

Automobile road- 120 km/h

Highways- 140km/h(unless otherwise specified)



## **Emergency Numbers**

#### European SOS number- 112

The number 112 can be dialled to reach emergency services - medical, fire and police-from anywhere in Europe.

National Emergency Numbers	
Ambulance	Tel: 150
Fire/Rescue	Tel: 160
Police	Tel: 166
<b>Pharmacy On- Duty</b>	Tel: 178





## Exchange rate



Official currency in Bulgaria is Bulgarian Lev (BGN)

Fixed exchange rate:

**♦**1 € = 1.95583 BGN



# Pharmacy



- Pharmacy location
- \* Address: "Strandzha" street, number 25



## Emergency



- Emergency department location
- \* Address: "Momin kamak" street, number 1



#### You are welcome

#### Looking forward to see you!

